



# 2020 SINGAPORE CANOE MARATHON

## Early Bird Special

15 November 2019 to  
8 December 2019

\$10 off standard prices  
Each group registration enjoys  
2 complimentary entries

19 January 2020 (Sunday)

0800 to 1830hrs

Water Sports Centre, Singapore Sports Hub

Registration closes on 31 December 2019  
Please visit [scf.org.sg](http://scf.org.sg) for more information

Organiser



In Support of Sport Promotion



\*Terms & conditions apply.

\*\*Groups include associations/clubs/national federations/organisations/schools.



**SINGAPORE CANOE FEDERATION**

3 Stadium Drive #01-33 NSA Office Singapore 397630

+65 6344 6337 | [info@scf.org.sg](mailto:info@scf.org.sg) | [www.scf.org.sg](http://www.scf.org.sg)

Dear Canoeing Community,

Thank you for your wonderful support for our Sport of Canoeing!

Singapore's largest annual canoeing event, the 2020 Singapore Canoe Marathon (SCM) will return for its 18<sup>th</sup> edition on 19 January 2020 (Sunday), at the Water Sports Centre, Singapore Sports Hub.

This year, we see an increase to 60 categories and a new route that paddles out to Marina Bay. We are pleased to announce that Stand Up Paddling (SUP) Racers will participate in the first SUP race at Marina Reservoir. Participants can experience the thrill of this up-and-coming worldwide sport and enjoy the beautiful scenery while they paddle.

The 2020 SCM has partnered with People's Association for the PAssion Family Race, where families can bond in the form of sports.

We cordially invite friends from all over the world to join us in this grand Marathon. We hope that everyone will have a delightful time and see you at the upcoming 2020 SCM!

**Chloe Goh**  
**General Manager**  
**Organising Committee**  
**2020 Singapore Canoe Marathon**  
**Singapore Canoe Federation**



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## **ORGANISING COMMITTEE**

### **Chairperson**

**Chloe Goh**

### **Race Director**

**Chad Ong**

### **Safety Director**

**Gerald Koh**

### **Technical Director**

**Lee Wai Leong**

### **Event Operation**

**Amelia Chia**

### **Marketing & Media**

**Teo Ling Xuan**

### **Members**

**Richard Lee**

**Nick Yap**

**Balazs Babella**

**Cheryl Tay**

**Goh Eng Soon**

**Michael Lim**

**Loke Jun Jie**



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# COMPETITION RULES & REGULATIONS

## 1. Objectives

- Promotion of the discipline of marathon racing in our local canoeing community
- Identification of talents in competitive marathon racing
- To promote Paddling Sport as a lifelong activity involving all ages
- To promote Paddling Sport as a sport for family bonding

## 2. Competition Details

Date: 19 January 2020, Sunday

Venue: Water Sports Centre, Singapore Sports Hub

8 Stadium Walk, Singapore 397699



**WE ARE HERE**



## Getting There

The Singapore Sports Hub is easily accessible via all modes of transport. For comprehensive directions on the Singapore Sport Hub's webpage, please refer to <http://www.sportshub.com.sg/directions/Pages/getting-here.aspx>.

Stadium MRT Station (CC6) is the nearest station which links to exits directly into the Singapore Sports Hub. Please alight from Exit A and walk towards the Water Sports Centre.

Train service will be available at Stadium MRT Station from 6:15AM (towards HarbourFront) and 6:13AM (towards Dhoby Ghaut).

## 3. Competition Rules

All races in the 2020 Singapore Canoe Marathon shall be held in accordance with these Rules and Regulations which are based on the International Canoe Federation (ICF) Canoe Marathon Competition Rules. In the event where any issues are not covered in these Rules and Regulations, the decision of the competition organiser shall be final. Singapore Canoe Federation (SCF) reserves the right to modify these Rules and Regulations without prior notice.

## 4. Race Categories

Categories will be based on the participant's age as of calendar year (01 January to 31 December 2020). Categories are defined as follows:

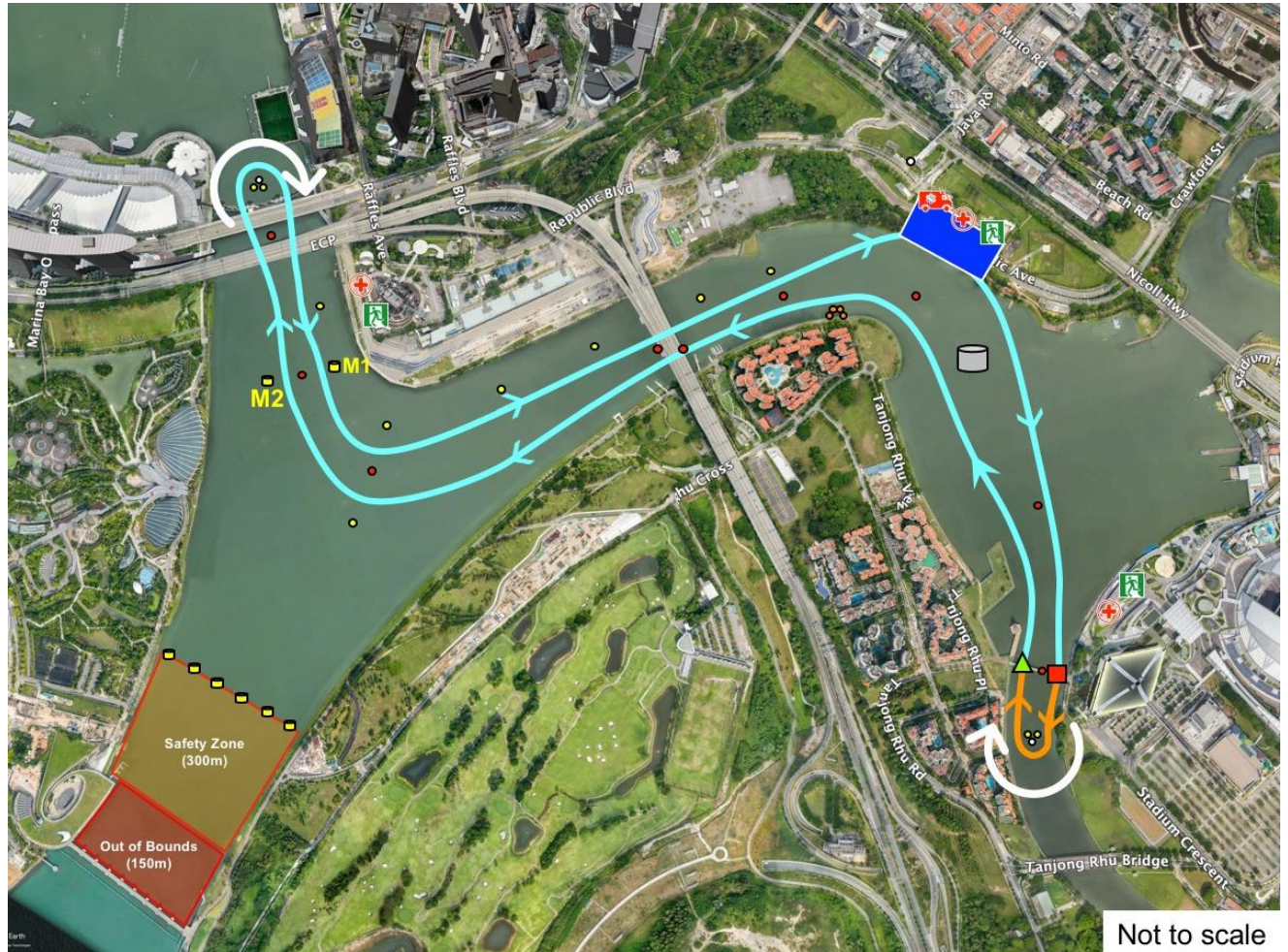
S/N	Category	Age Range
1	Masters	35 years old and above, unless age group stated otherwise
2	Seniors	19 years old and above
3	Juniors	15 years old to 18 years old
4	U16	16 years old and below
5	U14	14 years old and below
6	U12	10 years old to 12 years old
7	Open	17 years old and above
8	Closed Decks	12 years old and above
9	Family	Child aged 10 years old to 12 years old paired with an adult 18 years old and above



## 5. Provisional Race Course

\*Final Route to be disclosed on Team Managers' Meeting.

### 5.1 Marathon Route A – With Portage



### Legend

-  → Aeration Fountain
-  Starting Point @ Tanjong Rhu Footbridge
-  Finishing Point @ Tanjong Rhu Footbridge
-  Portage @ Republic Avenue
-  Route



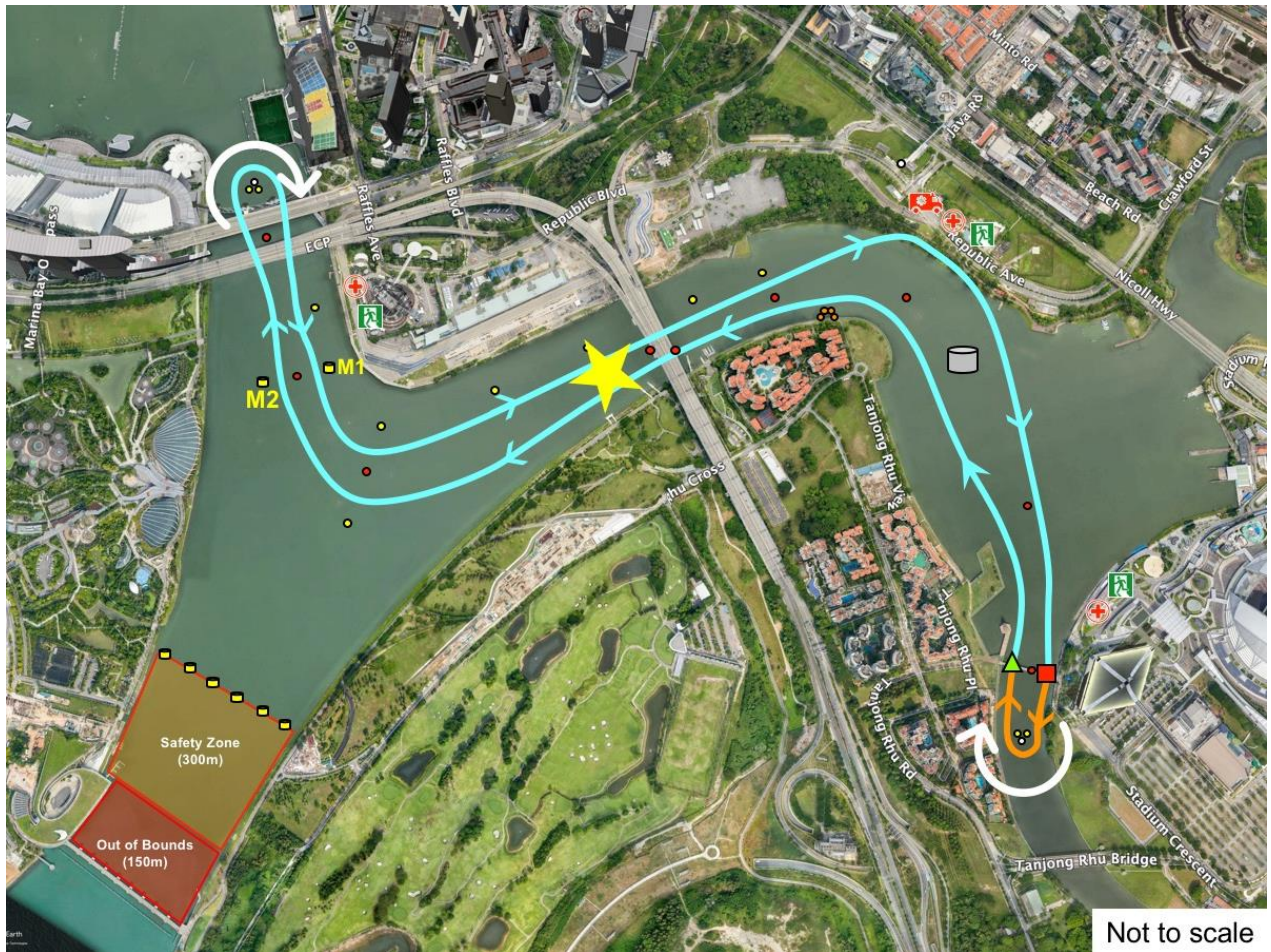


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### 5.2 Marathon Route B – No Portage



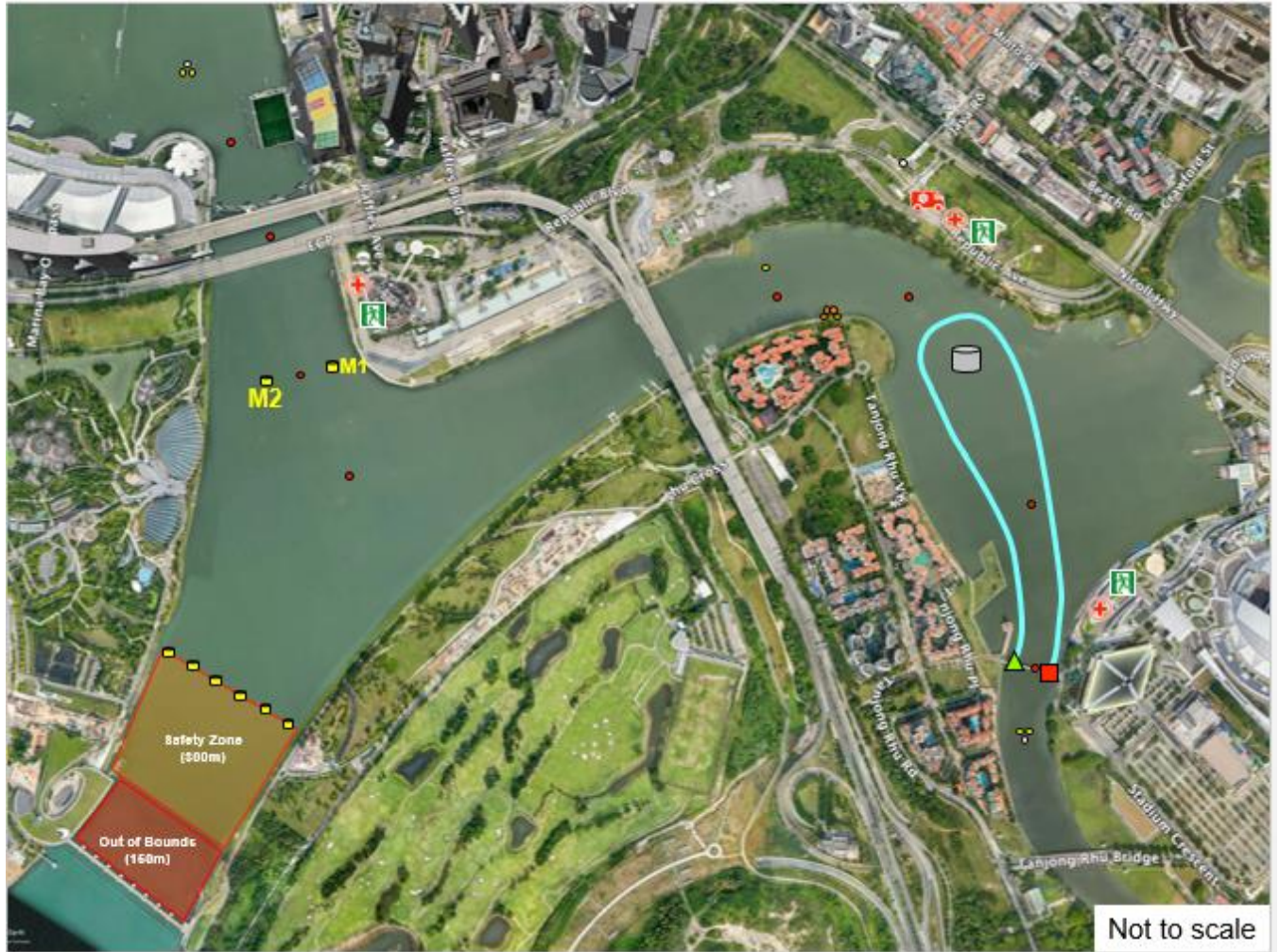
\*Paracanoe Open 10km will turn from Sheares Bridge

## Legend


-  → Aeration Fountain
-  Starting Point @ Tanjong Rhu Footbridge
-  Finishing Point @ Tanjong Rhu Footbridge
-  Route



**5.3 Marathon Route C - 1.5KM**



**Legend**

 → Aeration Fountain

 Starting Point @ Tanjong Rhu Footbridge

 Finishing Point @ Tanjong Rhu Footbridge

 Route



## 6. Provisional Race Schedule

Exact start time of respective waves will be updated at a later date, subjected to changes.

Time		Category	Distance	No. Lap(s)	No. Portage(s)	Route
AM	A01	Senior Men K1	30KM	5	4	A
	A02	Senior Men K2	30KM	5	4	A
	A03	Senior Women K1	24KM	4	3	A
	A04	Senior Women K2	24KM	4	3	A
	A05	Master Men K1 (35-39)	24KM	4	3	A
	A06	Master Men K1 (40-44)	24KM	4	3	A
	A07	Master Men K1 (45-49)	18KM	3	2	A
	A08	Master Men K1 (above 50)	18KM	3	2	A
	A09	Open Men SUP – Open Class	12KM	2	NO PORTAGE	B
	A10	Open Women SUP – Open Class	12KM	2	NO PORTAGE	B
	A11	Open Men Va'a V1	12KM	2	NO PORTAGE	B
	A12	Open Women Va'a V1	12KM	2	NO PORTAGE	B
	A13	Junior Men K1	24KM	4	3	A
	A14	Junior Men K2	24KM	4	3	A
	A15	Senior Men C1	24KM	4	4	A
	A16	Senior Men C2	24KM	4	4	A
	A17	Senior Women C1	18KM	3	3	A
	A18	Junior Men C1	18KM	3	3	A
	A19	Junior Men C2	18KM	3	3	A
	A20	Junior Women K1	18KM	3	2	A



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	A21	Junior Women K2	18KM	3	2	A
	A22	Master Women K1	18KM	3	2	A
	A23	U14 Men JK2	12KM	2	1	A
	A24	U14 Women JK2	12KM	2	1	A
	A25	U14 Men K2	12KM	2	1	A
	A26	U14 Women K2	12KM	2	1	A
	A27	U14 Men JK1	12KM	2	NO PORTAGE	B
	A28	U14 Women JK1	12KM	2	NO PORTAGE	B
	A29	U14 Men C1	12KM	2	2	A
	A30	U14 Men C2	12KM	2	2	A
	A31	U14 Men K1	12KM	2	1	A
	A32	U14 Women K1	12KM	2	1	A
	A33	ActiveSG Men Race *	6KM	1	NO PORTAGE	B
	A34	ActiveSG Women Race *	6KM	1	NO PORTAGE	B
	A35	Paracanoe Open	10KM	2	NO PORTAGE	B*
	A36	Paracanoe Open	6KM	1	NO PORTAGE	B
	A37	Open Men SUP – Open Class	1.5KM	1	NO PORTAGE	C
	A38	Open Women SUP – Open Class	1.5KM	1	NO PORTAGE	C
	A39	Parent & Child SUP Fun Race	1.5KM	1	NO PORTAGE	C
	A40	PAssion Family Race*	1.5KM	1	NO PORTAGE	C
Victory Ceremony I						



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Time		Category	Distance	No. Lap(s)	No. Portage(s)	Route
PM	P41	Open Men K2	18KM	3	2	A
	P42	U16 Men K2	18KM	3	2	A
	P43	Open Men K1	18KM	3	2	A
	P44	U16 Men K1	18KM	3	2	A
	P45	Open Men Outrigger Canoe Single	18KM	3	NO PORTAGE	B
	P46	Open Men Surfski Single	18KM	3	NO PORTAGE	B
	P47	Open Women Outrigger Canoe Single	18KM	3	NO PORTAGE	B
	P48	Open Women Surfski Single	18KM	3	NO PORTAGE	B
	P49	U16 Women K2	12KM	2	1	A
	P50	Open Mixed K2	12KM	2	1	A
	P51	Open Women K2	12KM	2	1	A
	P52	U16 Women K1	12KM	2	1	A
	P53	Open Women K1	12KM	2	1	A
	P54	U16 Men C1	12KM	2	2	A
	P55	U16 Men C2	12KM	2	2	A
	P56	Open Men C1	12KM	2	2	A
	P57	Open Men C2	12KM	2	2	A
	P58	Open Women C1	12KM	2	2	A
	P59	Open Men SUP - One Design	6KM	1	NO PORTAGE	B
	P60	Open Women SUP - One Design	6KM	1	NO PORTAGE	B
	P61	Open Men Va'a V1	6KM	1	NO PORTAGE	B



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P62	Open Women Va'a V1	6KM	1	NO PORTAGE	B
P63	U12 Boys JK1	6KM	1	NO PORTAGE	B
P64	U12 Girls JK1	6KM	1	NO PORTAGE	B
P65	U12 Open JK2	6KM	1	NO PORTAGE	B
P66	Uniformed Group Men Race *	1.5KM	1	NO PORTAGE	C
P67	Uniformed Group Women Race *	1.5KM	1	NO PORTAGE	C

Victory Ceremony II



## 7. Equipment & Specifications

### 7.1 All equipment and installation must comply with ICF specifications unless otherwise stated.

Equipment Specifications – Sprint Boats

Specifications	C1	K1	C2	K2	K4	JK1	JK2
Length/cm (max)	520	520	650	650	1100	430	550
Weight/kg (min)	10	8	14	12	30	11	16

- 7.2 Participants have to arrange for personal equipment for all races except for the Uniformed Group Races\*, ActiveSG races\*, and PAssion Family Races.
- 7.3 \*Double Sit-On-Tops are provided for the PAssion Family Race (Limited Quantity).
- 7.4 The length of the C and K classes shall be measured between the extremes of the bow and stern.
- 7.5 Only the K class is allowed to be equipped with steering rudder.
- 7.6 All boats must have a RFID boat tag vertically placed at the bow, and a boat number plate vertically placed at the stern of the deck.
- 7.7 The competition organiser reserves the right to conduct random inspection on any touring/racing kayak/canoe.
- 7.8 Teams/participants are to use their own kayak/canoe and paddles in accordance to the specifications and/or that of ICF.
- 7.9 Electronic devices are not to be used on boat during races.
- 7.10 Watches are to be set to tell only the date and time of the day and must not be attached to the boat or athlete in anyway (e.g. PFD etc.) that will allow reference of time during the race.
- 7.11 No foreign substance may be added to the surface of the boats, which can give athletes an unfair advantage.
- 7.12 Paddles used must not be attached to the boat in any manner.





## 8. Boat Rental

The Organising Committee has a limited number of boats available for rental purposes. Participants who would like to use our boat(s), please register via the link below by 31 December 2019. Kindly note that boat rental booking is on a first come first served basis. Boat rental bookings are only confirmed once the required payment has been received.

Please ensure that payment is made once you receive the confirmation of the booking, otherwise the required boat will be rented by other participants. If there are any damage or missing boat parts, the repair cost shall be borne by the user.

Link for Boat rental: <https://tinyurl.com/r75ffc5>

**The boat rental price is as follows:**

Boat Type	Price	Remarks
Recreational Single Closed Deck*	\$30	Include Paddle & Personal Flotation Device (PFD)
SUP – One Design only	\$30	Include Paddle
Va'a V1	\$30	Include Paddle
Canoe Sprint Kayak - K1	\$80	-
Canoe Sprint Kayak - K2	\$120	-

\*Exclusive for Uniformed Group Races and ActiveSG races.



## 9. Boat Transportation

Participants may deliver their boats to the Water Sports Centre, Singapore Sports Hub on 18 January 2020. Timing and entry point will be advised.

Participants who wish to move their boats to Marina Reservoir before 18 January 2020 are to contact [lyujunlan@scf.org.sg](mailto:lyujunlan@scf.org.sg) for assistance, with at least 2 weeks' notice period prior boat transportation. This movement is subject to site availability of storage space and vessel permit clearance. Storage fee and other relevant costs are the responsibility of the participants. Please send in your request no later than 31 December 2019.

Please note that equipment is stored at owners' risk. The competition organiser is not responsible for any loss or damage of equipment. All boats must be stored at the designated area as guided at site.

## 10. Entries

- 10.1 Each affiliate/school is allowed an unlimited number of entries.
- 10.2 Competitors are allowed to only represent one affiliate/school for the race.
- 10.3 Entry form must be duly completed and sent in no later than 31 December 2019 via email to [event@scf.org.sg](mailto:event@scf.org.sg).
- 10.4 Late entries will not be accepted after the closing date.

## 11. Team Manager

- 11.1 Team Managers' Meeting will be held on 14 January 2020 (Tuesday), 7:00PM, at SportSG Auditorium. Attendance is compulsory for the Team Manager or Appointed Representative of the Team.
- 11.2 The Team Manager is required to return the number plates to the registration counter after the Event. A fee of S\$20 will be charged for each lost/damaged/missing number plate.
- 11.3 Kindly dispose of the RFID tag properly in the trash bins provided at the race site.
- 11.4 The Team Manager must ensure that the athletes put on their bib number at the back of the PFD and it must be visible when on the boat during the race.
- 11.5 Trial Run for Route Familiarisation will be available on 18 January 2020, from 8:00AM – 2:00PM.



## 12. Fees and Payment

- 12.1 Entry Fee for Races of 6 km and below:  
\$40 / participant / category (Group / Early Bird Discount does not apply)
- 12.2 Entry Fee for Races above 6 km:

### 15 November 2019 to 8 December 2019 (Early Bird Period)

Entry Fee / pax / category	Up to 20 pax	21 pax and above
<b>SCF Affiliates</b>	\$50	\$45
<b>Non-Affiliates</b>	\$80	\$75

*(Group discount is only applicable per submission and is not cumulative for any person or organisation)*

### 9 December 2019 to 31 December 2019 (Normal Entry Period)

Entry Fee / pax / category	Up to 20 pax	21 pax and above
<b>SCF Affiliates</b>	\$60	\$55
<b>Non-Affiliates</b>	\$90	\$85

*(Group discount is only applicable per submission and is not cumulative for any person or organisation.)*

- 12.3 Each group registration will be entitled to 2 complimentary entries when they register during the early bird period.
- 12.4 Registration will close on 31 December 2019 at 2359 hrs (GMT +8)
- 12.5 Payment of entry fees has to be done latest on the Team Managers' Meeting date, 2359.
- 12.6 Entry fees are strictly non-refundable except where an application is refused.





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Mode of payment:

A) Bank Transfer or payment via ATM:

Singapore Canoe Federation

DBS Current Account

Account number : 001-038371-0 Branch code: 7171

Branch number : 001

B) Cheque payments (made payable to "Singapore Canoe Federation"):

2020 Singapore Canoe Marathon

Singapore Canoe Federation

Singapore Sports Hub

NSA Office

3 Stadium Drive #01-33

Singapore 397630

C) For e-invoice required by the schools, please complete the invoice request form and submit via email to [event@scf.org.sg](mailto:event@scf.org.sg) together with the entry form, latest by Team Managers' Meeting date, 2359.

### 13. Reporting, Alterations in Entries and Withdrawals

- 13.1 Participants who fail to register 30 minutes before the start time of their race shall be considered to have voluntarily withdrawn from the race. Team Managers may register on behalf of their members.
- 13.2 No alterations of entries will be allowed after the closing date, though substitution (subject to the Appeal & Protest Committee's approval) may be allowed up to one hour before the start of the first race.
- 13.3 Any team who has withdrawn from one event will not be allowed to enter any other event for which they have not registered during the initial submission.
- 13.4 Withdrawal of entries after the processing of entries is permitted. No entry fee will be refunded for any withdrawn entry.



## **14. Portage**

### 14.1 On number of portages:

For K races, number of rounds = X, number of portages = X - 1

For C races, number of rounds = Y, number of portages = Y (This will give the C paddlers a break at the first round)

### 14.2 Portage will be done along Republic Avenue. Portage will only be applicable for categories that require it in their races.

### 14.3 Each team may send no more than two feeders to assist and relay hydration/food to their own paddlers. Only feeders with access passes and safety vests will be allowed into the portage area. Please abide by the safety rule of one direction travel when in the portage area.

### 14.4 Feeders must obey the traffic flow at the portage area and only enter and exit the feeder lane at designated points.

## **15. Identification**

### 15.1 All participants will be given a number bib to wear on their back of their PFD and a matching number plate to be secured by a number plate holder vertically at the after deck of their boats.

### 15.2 Number bibs and plates must be visible and clearly seen by race officials.

### 15.3 RFID Tag with corresponding number to the boat's ID number will be issued and is to be attached to the bow of the boat.

## **16. Medals**

### 16.1 All participants will receive a finisher medal upon completion of their race.

### 16.2 Individual medals will be awarded to the 1st, 2nd and 3rd position of every category, except for the U12 and U14 categories.

### 16.3 Individual medals will be awarded to the top 6 positions in the U12 and U14 categories.



## **17. Protest**

- 17.1 A protest for infringement during the race must be lodged by only the Team Manager or authorised representative as stated in the entry form of the Team, no later than 20 minutes after the last of the competitors involved in the incident have completed the course.
- 17.2 All protests shall be made in writing and be accompanied by a fee of S\$100.00 each. The fee will be refunded if the protest is upheld.
- 17.3 The decision of the Appeal & Protest Committee is final and shall not be subjected to further appeals.

## **18. Bad Weather**

In the event of bad weather, the Organising Committee reserves the right to delay the commencement or cancel the race, on the basis of prolonged bad weather conditions, without refund.



## **RACING REGULATIONS FOR ALL CRAFTS**

### **1. Disqualification**

- 1.1 Any competitor who attempts to win a race by other than honourable means, or who breaks the racing regulations, or who disregards the honourable nature of the racing regulations shall be disqualified from the race.
- 1.2 It is forbidden during a race, to be accompanied by other boats along the course. Such acts shall entail the disqualification of the competitor(s) concerned.

### **2. Means of Propulsion**

All kayak (K class) events shall be propelled solely by means of double-bladed paddles. All Canoe (C class) events shall be propelled solely by means of single-bladed paddles. The paddles may not be fixed on the boats in any way. If a paddle is broken, a competitor may not be provided with a new one by another competitor/supporter on water.

### **3. Start**

- 3.1 The starting line will be at the Tanjong Rhu Pedestrian Footbridge.
- 3.2 The starting line shall be marked by the two pillars of the bridge.
- 3.3 Competitors shall be at the start at the time specified in the racing programme. The start shall be given without reference to any absentees.
- 3.4 The Organising Committee will adopt the Simultaneous Start; i.e. boats are lined up before the starting line and start according to the race schedule. The order of start is according to the start time.
- 3.5 Competitors shall line up stationary on the starting line. The starter, when satisfied that all competitors are stationary, shall say, "Ready" followed by a blast of the air horn or the word, "Go".
- 3.6 If a competitor commences running or paddling before the start, the starter shall declare a false start and warn the offending competitors.
- 3.7 Where this is impossible or impracticable owing to the lack of space, other alternative starting procedure shall be decided by the Organising Committee.





## **4. Overtaking**

- 4.1 Scenario when boat A is overtaking boat B  
When boat A is overtaking boat B in a race, it is the duty of boat A to keep clear at all times of boat B. On the other hand, boat B is not allowed to alter its course to make difficulties for boat A.
- 4.2 Athlete must not wash ride an athlete in another class.
- 4.3 Wash riding on an athlete in another class is a violation of the racing rules and will be subjected to a penalty. If an athlete is observed to be wash riding, the athlete will receive a first warning and a time penalty of 30 seconds. If the athlete receives a second warning or has gained major advantage, then he/she will be disqualified (DSQ) from the race.

## **5. Turns**

- 5.1 There will be multiple turning points along the race course. Competitors shall pass to the starboard (i.e. clockwise or at turning, the buoy is on the competitor's right side).
- 5.2 When going around a turning point, the competitor on the outer course must leave room for the competitor on the inner course if that competitor has the bow of his boat at least level with the front edge of the cockpit of the boat on the outer course. With respect to K2 boats, this refers to the fore cockpit.
- 5.3 A competitor will not be disqualified for touching a turning point buoy, unless, in the opinion of the Turning Point Umpires, an advantage has been gained from there. In making a turn, the boat shall follow as closely as possible to the course as marked by the buoys at the turning points.

## **6. Collision or Damages**

Any competitor who is responsible for a collision or who damages the boat or paddle of another will be disqualified.

## **7. Assistance**

- 7.1 In the event of capsize, a competitor may receive assistance with emptying his or her boat and regaining his or her paddling position, but may not be progressed in any way.
- 7.2 No exchange or substitution of boat is permitted, even with other competitors from the same team. The same boat is to be used throughout the race.



## **8. Safety Measures**

- 8.1 All paddlers must return to the Water Sports Centre or Kallang Water Sports Centre and leave the water without delay upon notification of clearing from the water as instructed by the Organising Committee if condition of environment does not allow safe paddling.
- 8.2 All competitors must wear a buoyancy aid, failing which they shall be disqualified.
- 8.3 Safety escort boats are positioned along the race route with marshals. Competitors must adhere to the instructions given by the Safety Marshals at all times. Failure to do so may involve disqualification.
- 8.4 Marathon racing may involve participants in unforeseen situations. It is a requirement that any competitor seeing another in real danger shall render all assistance in his/her ability without endangering anyone.
- 8.5 Competitors understand that they participate at their own risk and agree to abide by all the rules and regulations of the Event. Neither the organiser nor SCF can be held responsible for accidents or material damage that may arise during the race.
- 8.6 The authorised personnel/Team Manager that submits the entry acknowledges that the athletes entering this Event, and their personal representatives, assigns, heirs, and next-of-kin acknowledges, agrees, and represents that they understand the nature of the activity in the Event and that they are qualified, in good health, and in proper physical condition to participate in such activities.
- 8.7 All participants of the Event fully understand that athletic activities involve risks and dangers of serious bodily injury, including permanent disability, paralysis and death; these risks and dangers may be caused by their own actions or inactions, the actions or inactions of others participating in the Event, the conditions in which the Event takes place, or the negligence (but not gross negligence and/or willful misconduct) of the organisers; and fully accept and assume all such risks and responsibilities for losses, costs and damages incurred as a result of their participation in the Event.



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### 9. Finish

- 9.1 The finishing line will be at the LEFTMOST COLUMN of the Tanjong Rhu Pedestrian Footbridge near the Singapore Indoor Stadium. This is subject to approval from relevant authorities and may subject to change via updates to Team Managers.



- 9.2 Competitors are deemed to have completed the race when the bow of the boat passes the finish line with the crew in the boat, after completing the necessary number of rounds.
- 9.3 If two or more boats reach the finishing line at the same time, they will get the same finishing positions. Subsequent finishing positions will be adjusted accordingly.

### 10. Matters not covered in Rules and Regulations

Matters not covered in the rules and regulations will be decided by the Organising Committee and the decision made is final.

For any questions about the information above, please drop us an email at [event@scf.org.sg](mailto:event@scf.org.sg) for clarification.