



SINGAPORE CANOE FEDERATION

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SINGAPORE CANOE FEDERATION

2022 Singapore Junior Canoe Sprint Championships

12 - 13 March 2022 (Sat - Sun)
MacRitchie Reservoir

Rules and Regulations

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Version 2

Refer to the revised rules and regulations highlighted in green



A. GENERAL RULES AND REGULATIONS

1. Objectives

- 1.1. To provide opportunities for junior paddlers to compete at the national level.
- 1.2. Identification of talents in competitive sprint racing.

2. Competition Rules

All races in the 2022 Singapore Junior Canoe Sprint Championships shall be held in accordance with these Rules and Regulations, and the current version of the International Canoe Federation (“ICF”) Canoe Sprint Competition Rules. SCF reserves the right to modify these Rules and Regulations without prior notice.

3. Race Concept & Format

- 3.1 Races are segregated into competition blocks of not more than 50 pax per block.
- 3.2 Participants are to leave the venue immediately after their race.
- 3.3 Participants must meet any of the following criteria to participate in the competition:
 - i. Fully Vaccinated (i.e. individual is considered fully vaccinated after he or she has received the appropriate regimen of any World Health Organisation Emergency Use Listing (WHO EUL) vaccines including their respective duration post-vaccination for the vaccine to be fully effective and boosters for eligible individuals;
 - ii. Recovered from COVID-19 within 180 days starting from the day of the first antigen rapid test (ART) result; or
 - iii. Medically ineligible for COVID-19 vaccination (i.e with either physical or electronic Medical Ineligibility (MI) certificate issued by a local GP)
- 3.4 Participants are required to carry proof (take a photo) of a valid negative **Antigen Rapid Test (ART) result**, taken not earlier than 11 March 2022. This may be a self-administered ART and this result will be considered as valid throughout the **2 days** of competition.
- 3.5 Spectators are not allowed in the competition venue.



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4. Competitors & Entries

- 4.1 Each competitor must represent only one Organisation.
- 4.2 Registration is also open to individuals who do not represent any organisation.
- 4.3 Athletes must race only in their own age group unless approval is given from the race organisers.
- 4.4 No racing up of age category is allowed for JK1 2000m. An athlete born in 2009 or later can only race in the U13 JK1 2000m event.
- 4.5 There is no limit to the number of entries from each organisation.
- 4.6 There is no limit to the number of events that each athlete can take part in.
- 4.7 Races will start as per start time and will not wait for any back-to-back races or equipment sharing on the part of the participant.
- 4.8 Entry fee (per person per event): \$15/-
- 4.9 Entry closing date: **2 March 2022 (Wednesday), 2359 hrs.**
- 4.10 Entries received after the closing date are subject to approval. Late entry fee (per person per event): **\$30/-**
- 4.11 Whilst every reasonable precaution will be taken by the Organisers to ensure the participants' safety, participants agree to partake in this event at their own risk and the Organisers, their sponsors and their appointed officials shall not be liable for any death or injury, loss or damage, suffered or otherwise, howsoever arising.
- 4.12 Completion of the registration form is an indication of the participants' agreement to abide by the Rules & Regulations of the 2022 Singapore Junior Canoe Sprint Championships.
- 4.13 The Organisers reserve the right to delay the commencement of the Championships in the event of inclement weather. Should the inclement weather persist after the delay, the Organisers reserve the right to cancel the Championships without any refund of registration fees.



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4.14 The Organisers reserve the right to use any photographs (including those of participants), motion pictures, recordings, or any other media records of the 2022 Singapore Junior Canoe Sprint Championships for any legitimate purpose, including commercial advertising and publicity.

4.15 The Organisers reserve the right to amend the Rules and Regulations without giving prior notification or any reasons thereof.

Team Managers' Meeting via Zoom is on 7 March 2022 (Monday) at 1400hrs.

4.16 Only 2 appointed representatives from the Organisation or individual, are to attend the meeting via Zoom.

5. Fees and Payment

Payment of entry fee(s) is to be made only upon confirmation by the Organisers, which will be sent to the Team Manager, latest by the Team Managers' Meeting date via the following method:

5.1 Internet banking or PayNow/UEN number

Singapore Canoe Federation

DBS Current Account

Account number: 001-038371-0

Branch code: 7171

Branch number: 001

PayNow/UEN no. S71SS0035C



Please send an image of receipt / screenshot of transfer with transaction reference number to event@scf.org.sg.

5.2 By e-invoice

For institutions on the platform of vendors.gov.sg, please complete the invoice request form and send in by **7 March 2022 (Monday), 2359 hrs.**

5.3 No entry fee will be refunded for any withdrawn entry after submission.



6. Race Categories

S/N	Categories	Distance	Gender	Boat Type	Age Range	Clarification
1	U14	2000M	Men	JK1	14 Years and below	Born in or after 2008
2	U14	2000M	Women	JK1	14 Years and below	Born in or after 2008
3	U13	2000M	Men	JK1	13 Years and below	Born in or after 2009
4	U13	2000M	Women	JK1	13 Years and below	Born in or after 2009
5	Junior	1000M	Men	C1	18 Years and below	Born in or after 2004
6	Junior	1000M	Men	K1	18 Years and below	Born in or after 2004
7	Junior	1000M	Women	K1	18 Years and below	Born in or after 2004
8	U16	1000M	Men	C1	16 Years and below	Born in or after 2006
9	U16	1000M	Men	K1	16 Years and below	Born in or after 2006
10	U16	1000M	Women	K1	16 Years and below	Born in or after 2006
11	U14	1000M	Men	K1	14 Years and below	Born in or after 2008
12	U14	1000M	Women	K1	14 Years and below	Born in or after 2008
13	Junior	500M	Men	C1	18 Years and below	Born in or after 2004
14	Junior	500M	Men	K1	18 Years and below	Born in or after 2004
15	Junior	500M	Women	K1	18 Years and below	Born in or after 2004
16	Junior	500M	Men	JK1	18 Years and below	Born in or after 2004
17	Junior	500M	Women	JK1	18 Years and below	Born in or after 2004
18	U16	500M	Men	C1	16 Years and below	Born in or after 2006
19	U16	500M	Men	K1	16 Years and below	Born in or after 2006
20	U16	500M	Women	K1	16 Years and below	Born in or after 2006
21	U16	500M	Men	JK1	16 Years and below	Born in or after 2006
22	U16	500M	Women	JK1	16 Years and below	Born in or after 2006
23	U14	500M	Men	C1	14 Years and below	Born in or after 2008
24	U14	500M	Men	K1	14 Years and below	Born in or after 2008
25	U14	500M	Women	K1	14 Years and below	Born in or after 2008
26	U14	500M	Men	JK1	14 Years and below	Born in or after 2008
27	U14	500M	Women	JK1	14 Years and below	Born in or after 2008

- 6.1 The table above is the list of categories offered at the 2022 Singapore Junior Canoe Sprint Championships.
- 6.2 Categories with 3 or less entries may be combined, or cancelled and refunded.
- 6.3 In the event that semis/finals cannot be conducted or rescheduled due to inclement weather, timings from the heats will be used to award the Top 3 positions.
- 6.4 Entry into the next stage of competition (semis or finals) is subject to competitors meeting or bettering the Qualifying Entry Timing (QET) during their heat.



The QETs for the 2022 Singapore Junior Canoe Sprint Championships are as follows: 2000m in 18 mins, 1000m in 7 min and 500m in 3 min 30 sec. This is in view of the need for time management in consideration of COVID-19 restrictions being imposed. The Organisers reserve the right to amend the QETs without giving prior notification or any reasons thereof.

7. Equipment

- 7.1 All equipment must comply with ICF rules and specifications where applicable, unless otherwise stated. “JK” boats must conform to the mini kayak design.

Boats	JK1	K1	C1
Max. Length (cm)	430	520	520
Min. Weight (kg)	11	12	14

- 7.2 The length of a kayak or a canoe must be measured between the extremes of the bow and the stern.
- 7.3 All boats should carry a boat number. It is a vertical plate, made of non-transparent material, marked with black numbers on a white background.
- 7.4 No foreign substance may be added to the surface of the boats which can give the athlete an unfair advantage. The use of hull lubricants is not permitted.
- 7.5 No part of the boat (including the seat and the footrest) may have moving parts which can be used to help propel the boat in a way which would give competitors an unfair advantage (existing moving seat systems already in use are accepted).
- 7.6 A boat or an athlete may be equipped with a device which provides real time feedback on performance for use by television or sport presentation. The device may be used by the athlete for analysis following a race but in no circumstances may the device be used to provide real time feedback to the athlete during a race.
- 7.7 Competitors are strongly advised to don PFDs that are ISO-certified or US Coast Guard and they are to ensure that all buckles are always fastened.



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- 7.8 Movement of equipment to MacRitchie Reservoir must be done on **11 March 2022 (Friday)**.
- 7.9 All equipment are stored at the race site at the owner's risk. The Organisers are not responsible for any loss or damage of equipment at the race site.
- 7.10 The Organisers reserve the right to select at random any boats for Boat Control.
- 7.11 Any accessories of canoe or kayak, and/or added weight, if dropped from the boat at the Boat Control, will not be considered as part of the boat.
- 7.12 Any boat that does not meet the minimum weight requirement at the Boat Control will be deemed to have failed Boat Control and the competitors will be disqualified from that race.

8. Alterations in entries and withdrawals

- 8.1 No alteration of entries will be allowed after the Team Managers' Meeting.
- 8.2 Any team who has withdrawn from one event may be allowed to enter any other event for which they have not registered during the initial submission, subject to the Organisers' approval.

9. Protest and Appeal

- 9.1 A protest for infringement during the race must be lodged by only the Team Manager or authorised representative as stated in the entry form of the Team, no later than **20 minutes** after the last of the competitors involved in the incident have completed the course.
- 9.2 All protests will be deliberated by the Competition Committee, whose decision shall be subjected to appeal only in accordance with these Rules and Regulations. In the absence of any appeal in accordance with these Rules and Regulations, the decision of the Competition Committee shall be final.
- 9.3 An appeal against the protest outcome for a race must be lodged by only the Team Manager within 60 minutes after the release of the protest result of the event.
- 9.4 For all protests or appeals, Team Managers shall submit the protest form via email to event@scf.org.sg or to the Official Tent with a bank transfer fee of S\$100.



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9.5 All appeals will be deliberated by the Appeal Committee, whose decision shall be final.

9.6 The appeal / protest fee will be refunded only if the appeal or protest is upheld.

10. Bad Weather

11.1 In the event of bad weather, the Organisers reserve the right to delay the commencement or cancel the race, on the basis of prolonged bad weather conditions, without refund.

11.2 Competitors are to refer to the online race schedule for the latest updates.

11. Instructions for Competitors

11.1 All participants must have attained at least the One Star Award. Exemptions are made for participants aged 12 years old and below, and participants who are unable to take one star course due to ongoing COVID-19 measures based on verification of recent paddling ability (within last 3 months) by at least a National Registry of Coaches (NROC) Level One Canoe Sprint Coach (or equivalent for foreign competitors) to complete the race distance in a specified time without capsizing.

11.2 All competitors are to abide by safety rules and instructions at all times. Failure to do so may result in disqualification from the competition.

11.3 The onus will be on the Team Managers and/or Coaches to ensure that all their competitors meet the above prerequisite.

11.4 For the purpose of boat rental from the Organisers, only competitors with verified recent paddling ability are eligible.

11.5 Buoyancy vests must be worn at all times when paddling on water, before entering the launch pontoon.

11.6 Before the start of the race, race instructions including the following information shall be disseminated:

- a. Reporting time
- b. Starting time
- c. Starting lane (where applicable)

The lanes are marked with buoys or floats, competitors must pass in between the buoys corresponding to their lane. Boats that fail to keep to the central area



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of their lane may be disqualified. Paddling across other lanes can entail disqualification from the race.

- 11.7 Competitors moving to the start line must keep a minimum distance of 5 metres from the race course, and stop when the boats of the race in progress are passing by in the race course. Competitors must keep to the right of all pontoons. Failure to do so may entail disqualification from the race.
- 11.8 Competitors must respect the space between the Finish Judge and the Finish line and must not pass between them at any time. Only competitors of the race are to pass the finish line during active race hours.
- 11.9 If an athlete/crew does not start, and has no valid reason approved by the Competition Committee, they will be disqualified for the remaining races of the competition (DNS).
- 11.10 An athlete/crew, who arrives too late at the start, should be considered to have voluntarily withdrawn and will be disqualified for the remaining races of the competition (DNS).
- 11.11 Any athlete who attempts to compete in a race by any other than honourable means or who breaks the racing rules, or who disregards the honourable nature of the racing rules will be penalised or disqualified from the race concerned (DSQ).

12. Medals

- 12.1 The Championships medals shall be awarded to 1st, 2nd and 3rd position of every category and 1st, 2nd, 3rd, 4th, 5th and 6th position of U14 and U13 2000M categories
- 12.2 Results will be posted online after every race is completed.
- 12.3 There will be no victory ceremony, medal collection will be arranged separately.

13. Additional Matters

The Organisers shall deliberate and make the final decision for any matters not covered in this set of rules and regulations.

For enquiries, please email: event@scf.org.sg