



SINGAPORE CANOE FEDERATION

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SINGAPORE CANOE FEDERATION

2023 Singapore Mid-Distance Canoeing Championships

25 - 26 November 2023 (Sat - Sun)

MacRitchie Reservoir

Rules and Regulations

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A. GENERAL RULES AND REGULATIONS

1. Objectives

- 1.1 To promote Paddling Sport as a lifelong activity involving all ages.
- 1.2 To identify talents in competitive sprint racing.

2. Competition Rules

All races in the 2023 Singapore Mid Distance Canoeing Championships (“2023 SMDCC”) shall be held in accordance with these Rules and Regulations, and the current version of the International Canoe Federation (“ICF”) Canoe Sprint Competition Rules. SCF reserves the right to modify these Rules and Regulations without prior notice.

3. Race Format

3.1 The list of events offered is as follows:

S/N	Category	Sex	Boat Type	Distance
1	Open	Men	K1	10km
2	Open	Women	K1	10km
3	Masters (35+)	Men	K1	5km
4	Masters (35+)	Women	K1	5km
5	Senior	Men	K1	5km
6	Senior	Men	C1	5km
7	Senior	Women	K1	5km
8	Junior	Men	K1	5km
9	Junior	Men	C1	5km
10	Junior	Women	K1	5km
11	U14	Men	JK1	5km
12	U14	Women	JK1	5km
13	U12	Boys	JK1	5km
14	U12	Girls	JK1	5km



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Open – 12 years old and above; born in or before 2011.

Masters (35+) – Born on or before 1988

Senior – Born in 2004 or earlier

Junior – Born in 2005 or later

U14 – Born in 2009 or 2010

U12 – Born in 2011 or later

- 3.2 When there are more than 16 entries for an event, the race format shall be starts at regular intervals of maximum 16 boats per wave. Winners will be decided by fastest timings.
- 3.3 Events with 3 or less entries may be combined, or cancelled and refunded.
- 3.4 The Championships medals shall be awarded to the Top 6 positions of every event with at least 10 entries. Medals will be awarded to the 1st, 2nd and 3rd position for events with less than 10 entries.
- 3.5 Competitors are to refer to the online race schedule <https://bit.ly/2023MDCC> for the latest updates.

4. Registration

- 4.1 All entries must be supported by at least an NROC L1 Canoe/Kayak Sprint Coach verifying ability to meet the Qualifying Entry Timing (QET).

The QETs are as follows: 10km in 1h 15 mins and 5km in 45 mins. The Organiser reserves the right to amend the QETs without giving prior notification or any reasons thereof.

- 4.2 To register, please send the completed [Entry Form](#) (linked) to event@scf.org.sg.
- 4.3 Entry fee (per person per event): \$25/- affiliates; \$50/- non-affiliates.
Closing date: 19 November 2023 (Sunday), 2359 hrs.

Entries received after the closing date are subject to approval and late entry fee may apply, (per person per event): \$50/- affiliates; \$100/- non-affiliates.

- 4.4 There is no limit to the number of entries from each organisation or the number of events that each athlete can take part in.
- 4.5 **Team Managers' Meeting via Google Meet will be on 21 November (Tuesday), 2000hrs.** Only Team Managers or appointed representatives from the Organisation or individual, are allowed to seek clarifications at the meeting.



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5. Fees and Payment

5.1 Payment of entry fee(s) is to be made only upon confirmation by the Organiser, which will be sent to the Team Manager, latest by the Team Managers' Meeting date via the following method:

5.1.1 Internet Banking or PayNow/UEN Number

Singapore Canoe Federation

DBS Current Account

Account Number: 001-038371-0

Branch Code: 7171

Branch Number: 001

PayNow/UEN: S71SS0035C



Please send an image of receipt/screenshot of transfer with transaction reference number to event@scf.org.sg and finance@scf.org.sg.

5.1.2 By e-Invoice

For institutions on the platform of Vendors@Gov, please complete the invoice request form and send in by **24 November (Friday), 2359 hrs** to event@scf.org.sg and finance@scf.org.sg.

5.2 No entry fee will be refunded for any withdrawn entry after submission.

6. Alterations in Entries and Withdrawals

6.1 No alteration of entries will be allowed after the Team Managers' Meeting.

6.2 Any team who has withdrawn from one category may be allowed to enter any other category for which they have not registered during the initial submission, subject to the Organiser's approval.



7. Equipment

7.1 All equipment must comply with ICF rules and specifications where applicable, unless otherwise stated.

Boat specifications	JK1	K1	C1
Max. Length (cm)	430	520	520
Min. Weight (kg)	11	12	14

7.2 An athlete may use a slower boat type in a K1 or C1 race.

7.3 Boat loan may be arranged courtesy of SCF/ActiveSG Canoe Academy, subject to availability and acceptance of terms and conditions. Please clearly indicate your request in the entry form submission or via email to event@scf.org.sg before the closing date. Users are responsible for any repair or replacement costs due to damages.

7.4 Boat control is available at Paddle Lodge at MacRitchie Reservoir.

7.5 Movement of equipment to MacRitchie Reservoir must be completed before **24 November 2023 (Friday), 1830hrs**. Please clearly indicate your boat shifting date and time via email to event@scf.org.sg.

7.6 Equipment stored at the race site are at the owner's risk. The Organiser is not responsible for any loss or damage of equipment.

7.7 The Organiser reserves the right to select at random any boats for Boat Control.

7.8 There is no appeal of results possible for boats that have failed boat control.

8. Protest and Appeal

8.1 A protest for infringement during the race must be lodged by only the Team Manager or authorised representative as stated in the entry form of the Team, no later than **30 minutes** after the last of the competitors involved in the incident have completed the course.

8.2 All protests will be deliberated by the Competition Committee, whose decision shall be subjected to appeal only in accordance with these Rules and Regulations. In the absence of any appeal in accordance with these Rules and Regulations, the decision of the Competition Committee shall be final.

8.3 The decision arising from any protest shall be final and there shall be no appeal.

8.4 For all protests or appeals, Team Managers shall submit the protest form via email to event@scf.org.sg or hard copy to the Official Tent with a bank transfer fee of \$100. The appeal / protest fee will be refunded only if the appeal or protest is upheld.



9. Instructions for Competitors

- 9.1 All competitors are to abide by safety rules and instructions at all times. Failure to do so may result in disqualification from the competition.
- 9.2 If an athlete/crew does not start, and has no valid reason approved by the Competition Committee, they will be disqualified for the remaining races of the competition (DNS).
- 9.3 Competitors moving to the start line must keep a minimum distance of 5 metres from the race course, and stop when the boats of the race in progress are passing by in the race course. Failure to do so may entail disqualification from the race.
- 9.4 The lanes are marked with buoys or floats, competitors must pass in between the buoys corresponding to their lane. Boats that fail to keep to the central area of their lane may be disqualified. Paddling across other lanes can entail disqualification from the race.
- 9.5 Competitors must respect the space between the Finish Judge and the Finish line and must not pass between them at any time. Only competitors of the race are to pass the finish line during active race hours.
- 9.6 Any athlete who attempts to compete in a race by any other than honourable means or who breaks the racing rules, or who disregards the honourable nature of the racing rules will be penalised or disqualified from the race concerned (DSQ).
- 9.7 Whilst every reasonable precaution will be taken by the Organiser to ensure the participants' safety, participants agree to partake in this event at their own risk and the Organiser, their sponsors and their appointed officials shall not be liable for any death or injury, loss or damage, suffered or otherwise, howsoever arising.
- 9.8 Registration is an indication of the participants' agreement to abide by the Rules & Regulations of the 2023 SMDCC.
- 9.10 The Organiser reserves the right to delay the commencement of the competition in the event of inclement weather. Should the inclement weather persist after the delay, the Organiser reserves the right to cancel the competition without any refund of registration fees.
- 9.11 The Organiser reserves the right to use any photographs (including those of participants), motion pictures, recordings, or any other media records of the 2023 SMDCC for any legitimate purpose, including commercial advertising and publicity.



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10. Additional Matters

- 10.1 The Organiser reserves the right to amend the Rules and Regulations without giving prior notification or any reasons thereof.
- 10.2 The Organiser shall deliberate and make the final decision for any matters not covered in this set of rules and regulations.

For enquiries, please email event@scf.org.sg.



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Annex A – Clarification on Rules

Clarification 1: Reference to Rule 3.2.11 of the ICF Canoe Sprint Competition Rules 2023, this means that an athlete is allowed to wear a watch so long it does not provide real time feedback on performance.

3.2.11 - A boat or an athlete may be equipped with a device which provides real time feedback on performance for use by television or sport presentation. The device may be used by the athlete for analysis following a race but in no circumstances may the device be used to provide real time feedback to the athlete during a race.