



SINGAPORE CANOE FEDERATION

3 Stadium Drive #01-33 NSA Office Singapore 397630

+65 6344 6337 | info@scf.org.sg | www.scf.org.sg

SG-Coach Full Integration Level 2 Canoe Sprint Coaching Course

Registration Procedures:

1. TERMS & CONDITIONS

Please refer to the terms and conditions before signing up for the course:

- a) Please note that the course will need a minimum of 8 participants to conduct. Due to the venue constraint and trainer-to-participants, the maximum number of participants will be capped at 20.
- b) Participants must complete the Skills Proficiency Test prior to the start of the course.
- c) Participants must achieve 100% attendance and meet the course requirements.
- d) Participants must complete the registration form, submit all relevant certificates and the medical declaration form before the registration deadline of 3 June 2026.
- e) Participants are to follow water safety guidelines, follow instructor's/coach's instructions and conduct themselves appropriately during the course.
- f) Participants are to wash, maintain and return all loaned equipment in good order to SCF after each training session.
- g) Participants must make good any loss of equipment or breakage resulting from equipment mishandling.
- h) The Singapore Canoe Federation reserves the right to cancel, postpone, or change the venue/timing of a course without assigning reasons.
- i) Any personal data submitted to SCF are given voluntarily directly or via a third party (your "authorised representative") who has been duly authorised by you to disclose your personal data to us after (i) you (or your authorised representative) have been notified of the purposes for which the data is collected, and (ii) you (or your authorised representative) have provided consent to the collection and usage of your personal data for those purposes. We shall seek your consent before collecting any additional personal data and before using your personal data for a purpose which has not been notified to you (except where permitted or authorised by law).
- j) Please also ensure that you have read the requirements and course details before proceeding: <http://scf.org.sg/disciplines/sub/canoe-sprint-coaching-course>



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2. REGISTRATION AND PAYMENT

Complete the online registration [here](#).

3. PRE-REQUISITES

General

- ✓ Must be at least 21 years of age
- ✓ Must be medically fit (All participants must complete the [Indemnity Form](#). Participants who answer “Yes” to any conditions must provide a doctor’s certification.)
- ✓ Complete NYSI Youth Coaching Online 1 on SportSG-ED
- ✓ Complete Safe Sport Module (certificate) on SportSG-ED

Canoe Sprint

- ✓ Must be on NROC for at least 3 years with a valid SG-Coach/NCAP L1 Canoe Sprint Technical Certificate
- ✓ Must have at least 3 years of Canoe Sprint coaching experience and should be actively coaching in the past 6 months (attach evidence of coaching).
 - If coaching experience is between 2-3 years and above criteria is not met, a letter of recommendation (with email and contact) needs to be provided by employer/hirer and admission into course will be subjected to assessment processes.
- ✓ If did not attend SG-Coach Full Integration L1 Canoe Sprint Coaching Course (from 2020 onwards), applicant should include evidence (competition results within last 6 months) of technical proficiency in sprint canoe/kayak which reflects ability to:
 - paddle 2km (with a turn) within the following timings:

Craft	Timing Criteria
MK1	11 min
WK1	12 min
MC1	12 min
WC1	13 min

- exhibit a general proficiency in the following technical skills:
 - Keep the craft stationary and adjust position/manoeuvre appropriately when required
 - Execute a start from stationary position
 - Paddle straight within the allocated lane
 - Execute a 180° turn within 3-4 lanes



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- Exhibit overall technical proficiency and demonstrate use of **rotation** and **hip/leg drive** in a sprint kayak/canoe stroke
- A skills assessment test following the 2km time trial may be conducted if necessary to verify technical proficiency

4. COURSE REQUIREMENTS

To be certified as a SG-Coach Canoe Sprint Level Full Integration Level 2 Coach*,

- Attendance must be 100% for all course sessions. All participants are expected to be punctual (at least 5 minutes before class) and actively participate in all sessions.
- Complete and submit on time all reflections, quizzes, assignments, micro-coaching assessments, and online e-learning components throughout the course.
- Achieve at least 80% (40 out of 50 questions) to pass the SG-Coach Intermediate Sport Science (ISS) examination at the RP self-examination kiosk (separate examination fee applies).
- Complete at least 3 coaching mentorship attachment sessions with assigned coaching mentor (Subsequently, the mentor will be attached for a year).
- Pass the Competency Assessment, which includes final Season Plan submission and Viva, assessed by selected panel.
- Show relative proficiency in both Kayak and Canoe (at least 250m and back).

* Participants deemed “Not Yet Competent” for any assignment or examination must complete a reassessment within 6 months of the course.

5. COURSE FEES

Discipline	Fee	
	Affiliate	Non-Affiliate
Canoe Sprint	\$850	\$1,050